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**IN THE UNITED STATES PATENT AND
TRADEMARK OFFICE**

PATENT

Applicant(s): Paul LaStayo
Stan Lindstedt
Hans Hoppele
Henry Madden
Daniel A. Estoque
William B. Stephens
Gregory D. Volan

Atty Docket No.: 12218.2200
(12218.0617)

Serial No.: 10/330,611 Examiner: TBA

Filed: December 27, 2002 Group Art Unit: 3764

TITLE: METHOD AND APPARATUS FOR SPEED CONTROLLED ECCENTRIC EXERCISE TRAINING

DECLARATION FOR PATENT APPLICATION

As a below named inventor, I hereby declare that:

My residence, post office address and citizenship are as stated below next to my name.

I believe I am the original, first and sole inventor (if only one name is listed below) or an original, first and joint inventor (if plural names are listed below) of the subject matter which is claimed and for which a patent is sought on the invention entitled **METHOD AND APPARATUS FOR SPEED CONTROLLED ECCENTRIC EXERCISE TRAINING**, the specification of which:

[] is attached hereto.

[X] was filed on December 27, 2002 as Application Serial No. 10/330,611 was amended on _____ (if applicable).

I hereby state that I have reviewed and understand the contents of the above-identified specification, including the claims, as amended by any amendment referred to above.

I acknowledge the duty to disclose information which is material to patentability as defined in 37 C.F.R. §1.56.

I hereby claim foreign priority benefits under 35 U.S.C. § 119(a)-(d) or § 365(b) of any foreign application(s) for patent or inventor's certificate, or § 365(a) of any PCT International application which designated at least one country other than the United States, listed below and have also identified below, by checking the box, any foreign application for patent or inventor's

certificate, or PCT International application having a filing date before that of the application on which priority is claimed.

Priority Not Claimed
[]

Number	Country	Filing Date
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I hereby claim the benefit under 35 U.S.C. § 119(e) of any United States provisional application(s) listed below.

60/185,623	02/29/2000
Application Number	Filing Date
Application Number	Filing Date

I hereby claim the benefit under 35 U.S.C. §120 of any United States application(s), or §365(c) of any PCT International application designating the United States, listed below and, insofar as the subject matter of each of the claims of this application is not disclosed in the prior United States application in the manner provided by the first paragraph of 35 U.S.C. §112, I acknowledge the duty to disclose information material to patentability as defined in 37 C.F.R. §1.56 which occurred between the filing date of the prior application and the national or PCT international filing date of this application.

10/203,909	10/29/02	Status — Patent, Pending
Application Serial No.	Filing Date	
Application Serial No.	Filing date	Status — Patent, Pending

I hereby declare that all statements made herein of my own knowledge are true and that all statements made on information and belief are believed to be true; and further that these statements were made with the knowledge that willful false statements and the like so made are punishable by fine or imprisonment, or both, under Section 1001 of Title 18 of the United States Code and that such willful false statements may jeopardize the validity of the application or any patent issued thereon.

Full name of first inventor: Paul LaStayo

Inventor's signature: 

Date: _____

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Inventor's signature: Stan Lindstedt

Date: 16 July 2003

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Inventor's signature: Hans Hoppeler

Date: 16 August 2003

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Inventor's signature: _____

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Full name of second joint inventor: Stan Lindstedt

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Full name of seventh joint inventor: Gregory D. Volan

Inventor's signature: _____

Date: _____

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Full name of sixth joint inventor: William B. Stephens

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